

DARIEN YMCA LARGE POOL SCHEDULE

SEPTEMBER 3rd - SEPTEMBER 9th, 2018

Pools will be open 7am - 11:45am on Monday, September 3rd, 2018 Labor Day

| | | MONDAY 9 / 3 | TUESDAY 9 / 4 | WEDNESDAY 9 / 5 | THURSDAY 9 / 06 | FRIDAY 9 / 07 | SATURDAY 9 / 8 | SUNDAY 9 / 9 | | | | | |
|----------|---|-------------------------------|-----------------------------------|--|-------------------------------------|--|-------------------------------------|-----------------------------------|---|-----------------------------------|---|-----------------------------------|--|
| 5:00 AM | Closed | Closed | Adult Rec. 5 - 9:30 am | Adult Rec. 5 - 5:30 am | | Adult Rec. 5 - 9 am | | Adult Rec. 5 - 5:30 am | | C L O S E D | C L O S E D | | |
| 5:30 AM | | | | DHS Sw. Tm. 4 lanes 5:30 - 6am | Adult Rec 2 lanes 5:30 - 6 am | DHS Sw. Tm. 4 lanes 5:30 - 6am | Adult Rec 2 lanes 5:30 - 6 am | | | | | | |
| 6:30 AM | | | | Darien HS Swim Team 6 - 7am / 6 lanes | | Darien HS Swim Team 6 - 7am / 6 lanes | | | | | | | |
| 7:00 AM | | | | ADULT REC 7 - 10 AM | | ADULT REC 7 - 9 AM | | ADULT REC 7 - 9 AM | | | | Adult Rec. 7 - 9 am 6 lanes | |
| 8:00 AM | All Age Rec. 10am - 10am - 11:45am | Ad. Rec. 10am - 11:45am | ADULT REC 10 am - 10:30 pm | | ADULT REC 10 am - 10:30 pm | | ADULT REC 10 am - 10:30 pm | | ADULT REC 10 am - 10:30 pm | | Y SWIM LESSONS 9:00 - 9:45 Adult Rec. 9:45 am - 11:15 AM 6 lanes | | |
| 9:00 AM | | | Teacher's Choice 9 -10 AM | ADULT REC 9 - 10 am | Deep Core 9 -10 AM | ADULT REC 9 - 10 am | Hydro HIIT 9 -10 AM | ADULT REC 9 - 10 am | Hydro HIIT 9 -10 AM | ADULT REC 9 - 10 am | | | |
| 9:30 AM | | | ADULT REC 10 am - 10:30 pm | | ADULT REC 10 am - 10:30 pm | | ADULT REC 10 am - 10:30 pm | | ADULT REC 10 am - 10:30 pm | | | | |
| 10:00 AM | Pool Closed at 11:45 am LABOR DAY | | MASTERS 10:30-11:30 3 LANES | AD. REC 10:30-11:30 3 LANES | MASTERS 10:30-11:30 3 LANES | AD. REC 10:30-11:30 3 LANES | MASTERS 10:30-11:30 3 LANES | AD. REC 10:30-11:30 3 LANES | MASTERS 10:30-11:30 3 LANES | AD. REC 10:30-11:30 3 LANES | 11:15-12:15 Lessons Adult Rec. | | |
| 10:30 AM | | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | | | |
| 11:30 AM | Pool Closed at 11:45 am LABOR DAY | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | Adult Rec. 12:15 - 12:30pm AD. REC. 12:30 - 1:30 3 lanes AD. REC. 1:30 TO 6 PM 3 or 4 LANES ALL AGE RC. 1:30 - 3 PM ALL AGE RC. & B'DAY PTY 3 PM - 5 PM ALL AGE RC. 5 - 6 PM ADULT REC. 6 - 6:45 PL. CL. @ 6:45 PM | | |
| 11:45 AM | | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | | | |
| 12 N. | | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | | | |
| 12:30 PM | | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | | | |
| 1:00 PM | | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | | | |
| 1:30 PM | | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | | | |
| 2:30 PM | | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | | | |
| 3:00 PM | | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | | | |
| 4:45 PM | | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | | | |
| 5:00 PM | | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | | | |
| 5:30 PM | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | | | | | |
| 6:30 PM | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | AD. REC 1:00 PM 5:45pm ALL AGE RCR. 1:00 PM 5:45pm PL. CL. @ 5:45 PM | | | | |
| 8:00 PM | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | | | | | |
| 9:00 PM | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | | | | | |
| 9:45 PM | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | ADULT REC 11:30am - 2:45pm | | | | | | |

P O O L C L O S E S @ 9 : 4 5 P M

Updated:7/17/18