

DARIEN YMCA WINTER LARGE POOL SCHEDULE

Monday, November 26th, 2018 - Sunday, March 10th, 2019

The Y will be open from 7 am - 11:45 am on 11 / 22 / 2018 Thanksgiving Day / Open from 5 am - 2:45 pm on 12 / 31 / 2018 New Year's Eve

The Y will be closed on Christmas Eve 12 / 24 / 2018, 12 / 25 / 2018 Christmas Day & 01 / 01 / 2019 New Year's Day

No Youth Classes (12 / 24 / 2018 - 1 / 01 / 2018), (02 / 18 / 2019 - 02 / 23 / 2019), (04 / 15 / 2019 - 04 / 20 / 2019)

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
5:00 AM	ADULT REC 5 am - 5:20 am		ADULT REC 5 AM - 5:15 am		ADULT REC 5 AM - 5:20 am		ADULT REC 5 AM - 5:15 am		ADULT REC 5 AM - 5:20 am		C L O S E D		C L O S E D	
5:20 AM	Darien High School Swim Team 5:20 - 6:50 am 6 lanes start date 12 / 03		ADULT REC 5:15- 7 AM 3 LANES	Y SWIM TEAM 5:15 - 7AM 3 LANES	ADULT REC 5:20 - 5:45 2 LANES	HS Sw. Tm 5:20 - 5:45 4 lanes	ADULT REC 5:15- 7 AM 3 LANES	Y SWIM TEAM 5:15 - 7AM 3 LANES	ADULT REC 5:20- 6 AM 2 LANES	HS Sw. Tm 5:20 - 5:45 4 lanes				
5:45pm					Darien HS Sw. Tm 5:45 - 6:50am / 6 lanes				Darien HS Sw. Tm 5:45 - 6:50am / 6 lanes					
7:00 AM	ADULT REC 6:50 AM - 9 am		ADULT REC 7 AM - 9:15 am		ADULT REC 6:50 AM - 9 am		ADULT REC 7 AM - 9 am		ADULT REC 6:50 AM - 9 am		Y Sw. Tm. 7- 9 am 3 lanes	Adult Rec. 7- 9 am 3 lanes	ADULT REC. 9 AM - 12N.	
8:00 AM											Y Sw. Tm. 8-9 / 3 Ln.	Ad. Rec. 8-9 / 3 Ln.		
9:00 AM	AQUA	ADULT			DEEP	ADULT	HYDRO	ADULT	HYDRO	ADULT	LESSONS 9:00 - 9:45			
9:15 AM	ZUMBA 9 - 10 AM	REC 9 - 10 am	HYDRO FIT 9:15-10:30	ADULT REC 9:15 - 10:15	CORE 9 - 10 AM	REC 9 - 10 am	HIIT 9 - 10 AM	REC 9 - 10 am	HIIT 9 - 10 AM	REC 9 - 10 am				
10:00 AM	Adult Rec 10 - 10:30am		9:15-10:30		Adult Rec 10 - 10:30am		Adult Rec 10 - 10:30am		Adult Rec 10 - 10:30am		SWIM TEAM 9:45 AM - 11 AM		ADULT REC. 9 AM - 12N.	
10:30 AM	MASTERS 10:30-11:30 3 LANES	ADULT REC 10:30-11:30 3 LANES	MASTERS 10:30-11:30 3 LANES	ADULT REC 10:30-11:30 3 LANES	MASTERS 10:30-11:30 3 LANES	ADULT REC 10:30-11:30 3 LANES	MASTERS 10:30-11:30 3 LANES	ADULT REC 10:30-11:30 3 LANES	MASTERS 10:30-11:30 3 LANES	ADULT REC 10:30-11:30 3 LANES	Ad. Rec . 11 - 12N 5 lanes	Lessons 11am 12:45 PM 1 lane		
11:00 AM											Ad. Rec . 12n - 12:30 5 lanes			
11:30 AM	ADULT REC 11:30 - 2:45 PM		ADULT REC 11:30 - 2:45 PM		ADULT REC 11:30 - 2:45 PM		ADULT REC 11:30 - 2:45 PM		ADULT REC 11:30 - 2:45 PM				ADULT REC 12 N - 1 PM	
12. N.											Adult Rec. 12:30 -1:30 3 lanes	Sp. Needs 12:45 -1:30 3 lanes		
12:30 PM											ADULT REC 1:30 PM 6:00 PM	ALL AGE RECR. & B'DAY PTY 1:30 PM 6:00 PM		
1:00 PM													ADULT REC. 5:45 PM	ALL REC. 5:45 PM
1:30 PM													ADULT REC. 5:45 PM	ALL REC. 5:45 PM
2:45 PM	DARIEN HIGH SCHOOL SW. TM. 2:45 - 4:45 PM		DARIEN HIGH SCHOOL SW. TM. 2:45 - 4:45 PM		DARIEN HIGH SCHOOL SW. TM. 2:45 - 4:45 PM		DARIEN HIGH SCHOOL SW. TM. 2:45 - 4:45 PM		DARIEN HIGH SCHOOL SW. TM. 2:45 - 4:45 PM				ADULT REC. 5:45 PM	ALL REC. 5:45 PM
4:45 PM	YMCA SWIM TEAM 4:45 - 8 PM		Y SWIM LESSONS 4:45 - 5:30 PM		YMCA SWIM TEAM 4:45 - 8 PM		Y SWIM LESSONS 4:45 - 5:30 PM		YMCA SWIM TEAM 4:45 - 8 PM				ADULT REC. 5:45 PM	ALL REC. 5:45 PM
5:30 PM			ADULT REC. 5:30 - 6:30 PM				ADULT REC. 5:30 - 6:30 PM						ADULT REC. 5:45 PM	ALL REC. 5:45 PM
6:00 PM			YMCA SWIM TEAM 6:30 - 8 PM				YMCA SWIM TEAM 6:30 - 9 PM						ADULT REC. 5:45 PM	ALL REC. 5:45 PM
6:30 PM													ADULT REC. 5:45 PM	ALL REC. 5:45 PM
7:30 PM													ADULT REC. 5:45 PM	ALL REC. 5:45 PM
8:00 PM	ADULT REC. 8 - 9:45 PM		ADULT REC. 8 - 9:45 PM		ADULT REC. 8:15 - 9:45 PM		ADULT REC. 8:15 - 9:45 PM		A A REC 8 - 9 PM		ADULT REC 8 - 9 PM		ADULT REC. 5:45 PM	ALL REC. 5:45 PM
8:30 PM													ADULT REC. 5:45 PM	ALL REC. 5:45 PM
9:00 PM							ADULT REC 9 - 9:45pm		ADULT REC. 9 - 9:45 pm				ADULT REC. 5:45 PM	ALL REC. 5:45 PM

Updated:11/20/2018

9:45 PM P O O L C L O S E S @ 9 : 4 5 P M

The large pool will be closing @ 2:30pm instead of 2:45pm on the following dates due to DHS "home" swim meets
 Monday, December 17, 2018, Wednesday, January 16, Friday, January 18, Friday, February 1, Friday, February 8
The large pool will remain open until 4:45pm on the following days due to DHS "away" swim meets
 Wednesday, December 19, 2018, Friday, January 4, Wednesday, January 9, Friday, January 11, Wednesday, January 23