

**DARIEN YMCA
LARGE POOL SCHEDULE
MONDAY, MARCH 11 th - SUNDAY, MARCH 17 th, 2019**

	MON. 3 / 11	TUES. 3 / 12	WED. 3 / 13	THURS. 3 / 14	FRI. 3 / 15	SAT. 3 / 16	SUN. 3 / 17				
5:00 AM	ADULT REC 5 - 5:20 am	Adult Rec 5 - 5:15 am	ADULT REC 5 - 5:20 am	Adult Rec 5 - 5:15 am	ADULT REC 5 - 5:20 am	C L O S E D	C L O S E D				
5:20 AM	Darien High School 5:20 am - 6:50 am	Adult Rec 5:15 - 7 am 2 lanes	Y Sw. Tm. 5:15 - 7 am 4 lanes	Adult Rec 5:20-5:45am 2 lanes	DHS Sw. Tm. 5:20-5:45am 4 lanes			Adult Rec 5:15 - 7 am 2 lanes	Y Sw. Tm. 5:15 - 7 am 4 lanes	Adult Rec 5:20-5:45am 2 lanes	DHS Sw. Tm. 5:20-5:45am 4 lanes
5:45 AM			Darien HS Sw. Tm. 5:45 - 6:50 am / 6 lanes		Darien HS Sw. Tm. 5:45 - 6:50 am / 6 lanes						
7:00 AM	ADULT REC	ADULT REC	ADULT REC	ADULT REC	ADULT REC	Adult Rec 7 - 9 am 3 lanes	ADULT REC 8:00 - 1 pm				
8:00 AM	7 - 9 am	7 - 9:30 AM	7 - 9 am	7 - 9 AM	7 - 9 AM						
9:00 AM	AQUA ADULT		DEEP ADULT	HYDRO ADULT	HYDRO ADULT	YOUTH LESSONS					
9:30 AM	ZUMBA REC	AQUA ADULT	CORE REC	HIIT REC	HIIT REC	9:00 - 10 am					
10:00 AM	ADULT RECR. 10 - 10:30 am	9:30 - 10:15 AD. REC. 10;15-10:30am	ADULT RECR. 10 - 10:30 am	ADULT RECR. 10 - 10:30 am	ADULT RECR. 10 - 10:30 am	Special Olympics 10am - 11 am	ADULT REC 11 AM - 12n.				
10:30 AM	MASTERS AD. REC	MASTERS AD. REC	MASTERS AD. REC	MASTERS AD. REC	MASTERS AD. REC						
11:00 AM	10:30-11:30 10:30-11:30	10:30-11:30 10:30-11:30	10:30-11:30 10:30-11:30	10:30-11:30 10:30-11:30	10:30-11:30 10:30-11:30						
11:30 AM	ADULT REC	ADULT REC	ADULT REC	ADULT REC	ADULT REC						
12 noon	11:30 am - 2:45 PM	11:30 am - 2:45 PM	11:30 am - 2:45 PM	11:30 am - 2:45 PM	11:30 am - 2:45 PM	AD. REC 12n. - 1:30pm 4 lanes	Lessons 12n-1pm Sp. Needs 1 - 1:30pm	ADULT ALL RECR AGE 1:00 PM RECR 5:00 PM 1:00 PM 5:00 PM			
1:00 PM											
1:30 PM						Ad. Rec.	B'day parties & All Age Rec.				
2:45 PM	Darien High School Swim Team 2:45 - 4:45 pm	Darien High School Swim Team 2:45 - 4:45 pm	Darien High School Swim Team 2:45 - 4:45 pm	Darien High School Swim Team 2:45 - 4:45 pm	Darien High School Swim Team 2:45 - 4:45 pm	1:30 PM 6:00 PM 3 lanes	1:30 PM 6:00 PM 3 lanes				
4:45 PM	"Y" SWIM TEAM 4:45 - 7:30 PM	SWIM LESSONS 4:45 - 5:30 PM	"Y" SWIM TEAM 4:45 - 7:15 PM	SWIM LESSONS 4:45 - 5:30 PM	YMCA SWIM TEAM 4:15 - 8 PM						
5:00 PM											
5:30 PM		ADULT REC		ADULT REC							
6:00 PM		5:30 - 6:30 PM		5:30 - 6:30 PM							
6:30 PM		YMCA SWIM TEAM		YMCA SWIM TEAM							
7:15 PM		6:30 - 9 PM		6:30 - 8 PM							
7:30 PM	Special		Special	Y Sw. Tm.							
7:45 PM	Olympics		Olympics	7:15-8:15 pm							
8:00 PM	7:30-8:30pm 3 lanes		7:15-8:15 pm 4 lanes	2 lanes							
8:30 PM	ADULT REC 8:30 - 9:45 pm		ADULT REC 8:15 - 9:45 pm		ADULT REC 8 - 9:45 pm	All Age Rec 8 - 9pm	Ad. Rec 8 - 9 pm				
9:00 PM		ADULT REC 9 - 9:45 pm					ADULT REC 9 - 9:45 pm				
9:45 PM	P O O L C L O S E S @ 9 : 4 5 P M										