

DARIEN YMCA SPRING LARGE POOL SCHEDULE

Monday, April 15 2019 - Sunday, April 21 2019

The Y will be closed on Easter Sunday, 04 / 21 / 2019

The Y will be open on Good Friday, 04 / 19 / 2019 and Memorial Day, 05 / 27 / 2019 from 7:00AM - 12:00PM

No Youth Classes 04 / 15 / 2019 - 04 / 20 / 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY					
5:00 AM	ADULT REC 5 AM - 9 AM	ADULT REC 5 AM - 9:15 AM	ADULT REC 5 AM - 9 AM	ADULT REC 5 AM - 9 AM	CLOSED	CLOSED						
5:20 AM												
5:45pm												
7:00 AM												
8:00 AM												
9:00 AM	AQUA	ADULT REC	DEEP CORE	ADULT REC	HYDRO HIIT	ADULT REC	Adult Rec. 7:00-9:45 AM					
9:15 AM	ZUMBA 9 - 10 AM	REC 9 - 10 am	9 - 10 AM	9 - 10 am	9 - 10 AM	9 - 10 am						
10:00 AM	Adult Rec 10 - 10:30am		9:15-10:30		Adult Rec 10 - 10:30am			Adult Rec 10 - 10:30am				
10:30 AM	MASTERS 10:30-11:30	ADULT REC 10:30-11:30	MASTERS 10:30-11:30	ADULT REC 10:30-11:30	MASTERS 10:30-11:30	ADULT REC 10:30-11:30		MASTERS 10:30-11:30	ADULT REC 10:30-11:30			
11:00 AM	3 LANES	3 LANES	3 LANES	3 LANES	3 LANES	3 LANES		3 LANES	3 LANES			
11:30 AM	ADULT REC 11:30 AM - 6:15 PM		ADULT REC 11:30 AM - 4:45 PM		ADULT REC 11:30 AM - 7:30 PM		ADULT REC 11:30 AM - 7:30 PM		MASTERS 10:30-11:45 3 LANES	ADULT REC 10:30-11:45 3 LANES	Adult Rec. & Lifeguard Class 11:00AM-1:30PM	EASTER SUNDAY CLOSED ALL DAY
12. N.												
12:30 PM												
1:00 PM												
1:30 PM												
2:45 PM			MAKE-UP LESSONS 4:45 - 5:30 PM									
4:45 PM			ADULT REC. 5:30 - 7:30 PM									
5:30 PM												
6:00 PM	Lifeguard Class 6:15 9:45 PM	ADULT REC. 6:15 - 9:45 PM										
6:30 PM												
7:30 PM			Adult Rec & Lifeguard Class 7:30-9:45 PM	Special Olympics 8:00-9:00 PM	Adult Rec & Lifeguard Class 7:30-9:45 PM	Special Olympics 7:30-8:80 PM	Adult Rec 7:30-9:45 PM	Lifeguard Class 7:30-9:45 PM				
8:00 PM												
8:30 PM												
9:00 PM												
9:45 PM	P O O L C L O S E S @ 9 : 4 5 P M											