

DARIEN YMCA SPRING LARGE POOL SCHEDULE

Monday, April 8 2019 - Sunday, April 14 2019

The Y will be closed on Easter Sunday, 04 / 21 / 2019

The Y will be open on Good Friday, 04 / 19 / 2019 and Memorial Day, 05 / 27 / 2019 from 7:00AM - 12:00PM

No Youth Classes 04 / 15 / 2019 - 04 / 20 / 2019

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY			
5:00 AM	ADULT REC 5 AM - 9 AM		ADULT REC 5 AM - 9:15 AM		ADULT REC 5 AM - 9 AM		ADULT REC 5 AM - 9 AM		ADULT REC 5 AM - 9 AM		CLOSED		CLOSED			
5:20 AM																
5:45pm																
7:00 AM																
8:00 AM																
9:00 AM	AQUA	ADULT REC			DEEP CORE	ADULT REC	HYDRO HIIT	ADULT REC	HYDRO HIIT	ADULT REC	LESSONS 9:00 - 9:45 AM		ADULT REC 9AM-1PM			
9:15 AM	ZUMBA 9 - 10 AM	REC 9 - 10 am	HYDRO FIT	ADULT REC 9:15 - 10:15	9 - 10 AM	9 - 10 am	9 - 10 AM	9 - 10 am	9 - 10 AM	9 - 10 am						
10:00 AM	Adult Rec 10 - 10:30am		9:15-10:30	Adult Rec 10 - 10:30am		Adult Rec 10 - 10:30am		Adult Rec 10 - 10:30am		Adult Rec.	Special Olympics					
10:30 AM	MASTERS 10:30-11:30	ADULT REC 10:30-11:30	MASTERS 10:30-11:30	ADULT REC 10:30-11:30	MASTERS 10:30-11:30	ADULT REC 10:30-11:30	MASTERS 10:30-11:30	ADULT REC 10:30-11:30	MASTERS 10:30-11:30	ADULT REC 10:30-11:30	9:45 - 11 AM 3 Lanes	11AM 3 Lanes				
11:00 AM	3 LANES	3 LANES	3 LANES	3 LANES	3 LANES	3 LANES	3 LANES	3 LANES	3 LANES	3 LANES						
11:30 AM	ADULT REC 11:30 AM - 4:00 PM		ADULT REC 11:30 AM - 3:30 PM		ADULT REC 11:30 AM - 5:30 PM		ADULT REC 11:30 AM - 5:30 PM		ADULT REC 11:30 AM - 6:15 PM		Adult Rec. 11 - 12:30PM 5 lanes	Lessons 11am 12:45 PM 1 lane				
12. N.																
12:30 PM											Adult Rec. 12:30 - 1:30 3 lanes	Sp. Needs 12:45 - 1:30 3 lanes				
1:00 PM															ADULT RECR. 1:00 PM	ALL AGES RECR. 1:00 PM
1:30 PM															ADULT REC 5:45 PM	ALL AGE RECR. & B'DAY PTY 1:30 PM
2:45 PM	YMCA Swim Team 4:00-5:30 PM		YMCA Swim Team 3:30 - 4:45 PM		YMCA SW TEAM 5:30-6:15 PM 3 LANES		ADULT REC. 5:30-6:15 PM 3 LANES	Sw. Team 4:00-4:45 PM 3 Lanes	Ad. Rec. 4:00-4:45 PM 3 Lanes	ADULT REC 1:30 PM 6:00 PM						
4:45 PM	YMCA SW TEAM 5:30-6:15 PM 3 Lanes	ADULT REC. 5:30-6:15 PM 3 Lanes	Y SWIM LESSONS 4:45 - 5:30 PM				Y SWIM LESSONS 4:45 - 5:30 PM									
5:30 PM			ADULT REC. 5:30 - 7:30 PM				ADULT REC. 5:30 - 7:30 PM									
6:00 PM	Lifeguard Class 6:15-9:45 PM	ADULT REC. 6:15 - 9:45 PM			ADULT REC. 6:15 - 7:30 PM				Lifeguard Class 6:15-9:45 PM	ADULT REC. 6:15 - 9:45 PM	ADULT REC 6 - 6:45 PM					
6:30 PM																
7:30 PM			Adult Rec & Lifeguard Class 7:30-9:45 PM	Special Olympics 8:00-9:00 PM	Adult Rec & Lifeguard Class 7:30-9:45 PM	Special Olympics 7:30-8:00 PM	Adult Rec 7:30-9:45 PM	Lifeguard Class 7:30-9:45 PM								
8:00 PM																
8:30 PM																
9:00 PM																
9:45 PM	POOL CLOSURES @ 9:45 PM										PL. CL. @ 5:45 PM		PL. CL. @ 6:45 PM			